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Find your way to the Chocolate Islands



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Hotels



Bom Bom Príncipe



Omali



Roça



Sundy

Take a trip to a tiny, unspoilt archipelago to be immersed in pristine rainforest, award-winning restaurants and the history — and taste — of chocolate

It may be the second-smallest country in Africa, but São Tomé and Príncipe has much to offer visitors. The archipelago, located 150 miles off the west coast of Africa, was once the world's biggest cacao producer, earning itself a name as the 'Chocolate Islands'. In 2012, Príncipe became a UNESCO Biosphere Reserve, promoting efforts to preserve the island. And there is plenty here worth preserving.

Tiny Príncipe is known for its unspoilt rainforest and, along with its bigger sibling São Tomé, is still largely untouched by tourism.

An unusual safari

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Chocolate-lovers can experience a taste of São Tomé and Príncipe's rich cacao-producing history as part of the Tropical Chocolate Safari, a week-long programme taking place from 3-10 September. It's an immersive line-up, with writing workshops from Joanne Harris, author of *Chocolat*; truffle-making classes from chocolatier David Greenwood-Haigh; and chocolate tastings and visits to a historic cacao plantation. Meals include a themed dinner at the OKA restaurant at Sundy Praia Lodge, which was awarded the 'Special prize Exterior' by Prix Versailles in 2019 for its architecture and bamboo dining area. Guests can stay at the elegant Omali Lodge on Lagarto beach; the beachfront Bom Bom resort; Roça Sundy, set within a restored plantation house; or Sundy Praia Lodge, with its luxury tented villas.



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